



LEADING FOR HIGH PERFORMANCE

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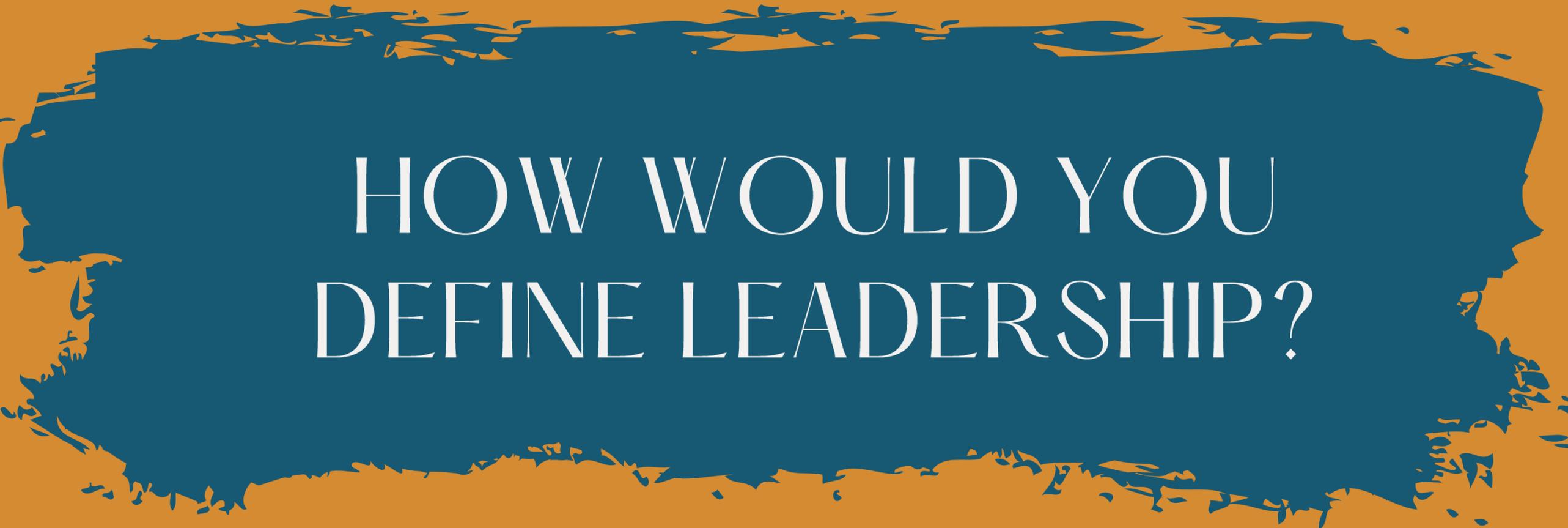
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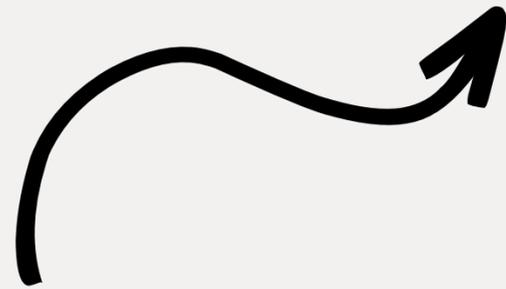
HOW WOULD YOU
DEFINE LEADERSHIP?

The tale of the two hats



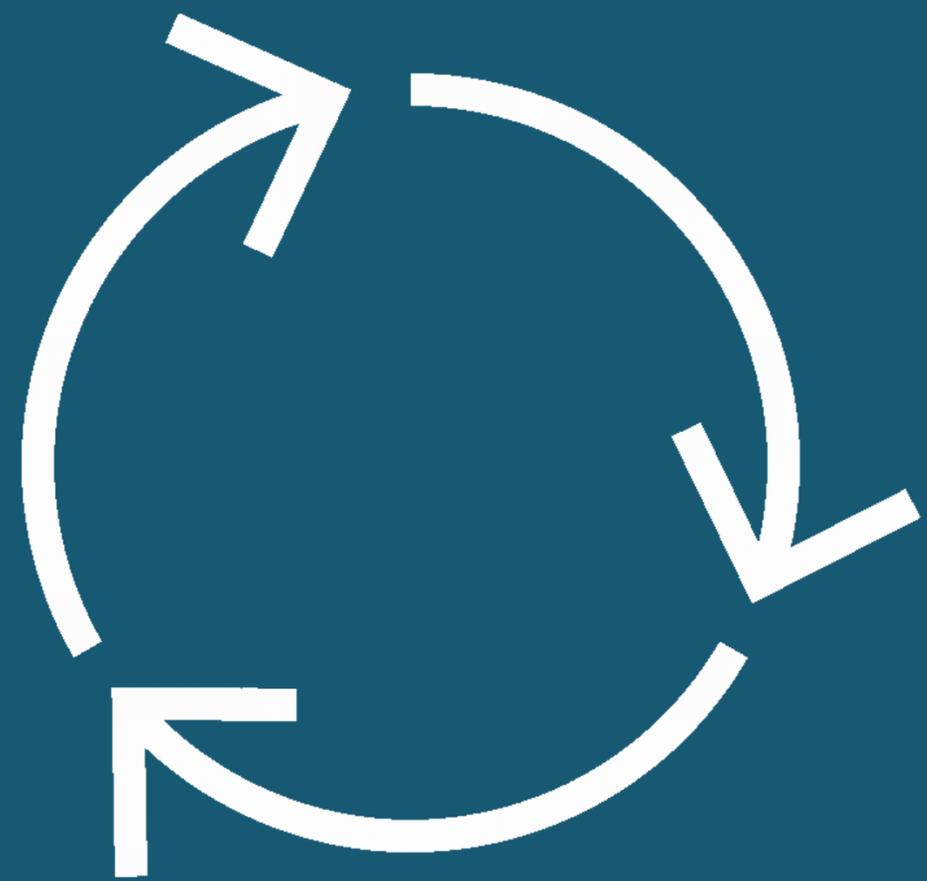


MANAGEMENT



LEADERSHIP





leadership
is influence

DO YOU CARE ABOUT ME?

CAN I TRUST YOU?

CAN YOU HELP ME?



THE SECRET INGREDIENT IS...

SELF-LEADERSHIP



Shhhh...

انگیزگی

ONLY WHEN WE HAVE CONQUERED OUR
OWN BATTLES MIGHT WE BE CONSIDERED
QUALIFIED TO GO INTO THE WORLD, TO
GUIDE, AND TO LEAD OTHERS INTO
CONQUERING THEIR OWN

The Square-Peg Leader Delusion

A stylized illustration of a person in a suit, rendered in a light blue color against a darker blue background. The person's head is a solid circle. Above the head, three question marks of varying sizes are arranged in a semi-circle. The text "Who are you?" is centered over the person's chest. The word "Who" is in white, "are" is in white, and "you?" is in a gold color.

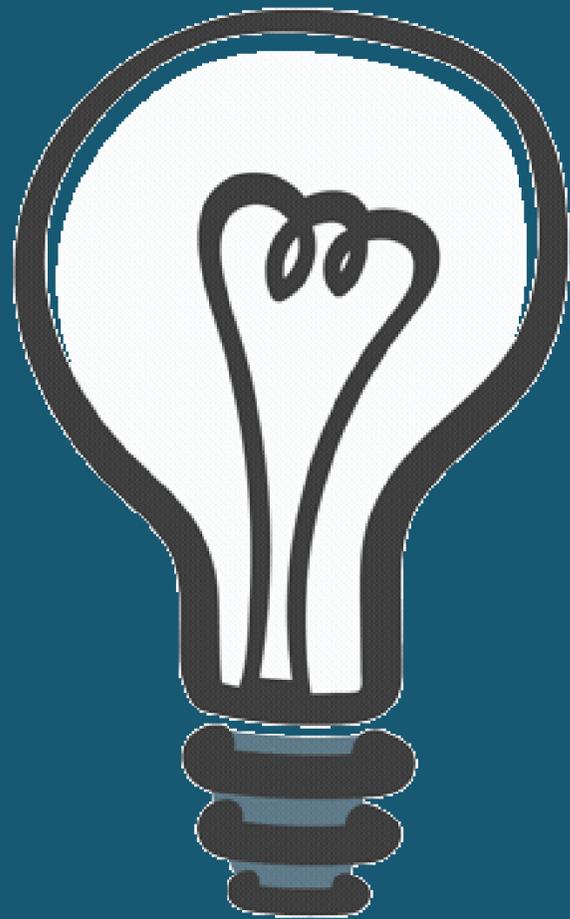
Who are *you?*

SUCCESS REQUIRES THAT
WE BECOME THE NEXT,
IMPROVED VERSION OF
OURSELVES

The Latin root for integrity is
integritas

INTEGRITY IS WHEN WHAT
I THINK, WHAT I SAY AND
WHAT I DO ARE IN HARMONY

Mahatma Gandhi



let's talk
about EQ

EMOTIONAL INTELLIGENCE

the ability to

UNDERSTAND

MANAGE

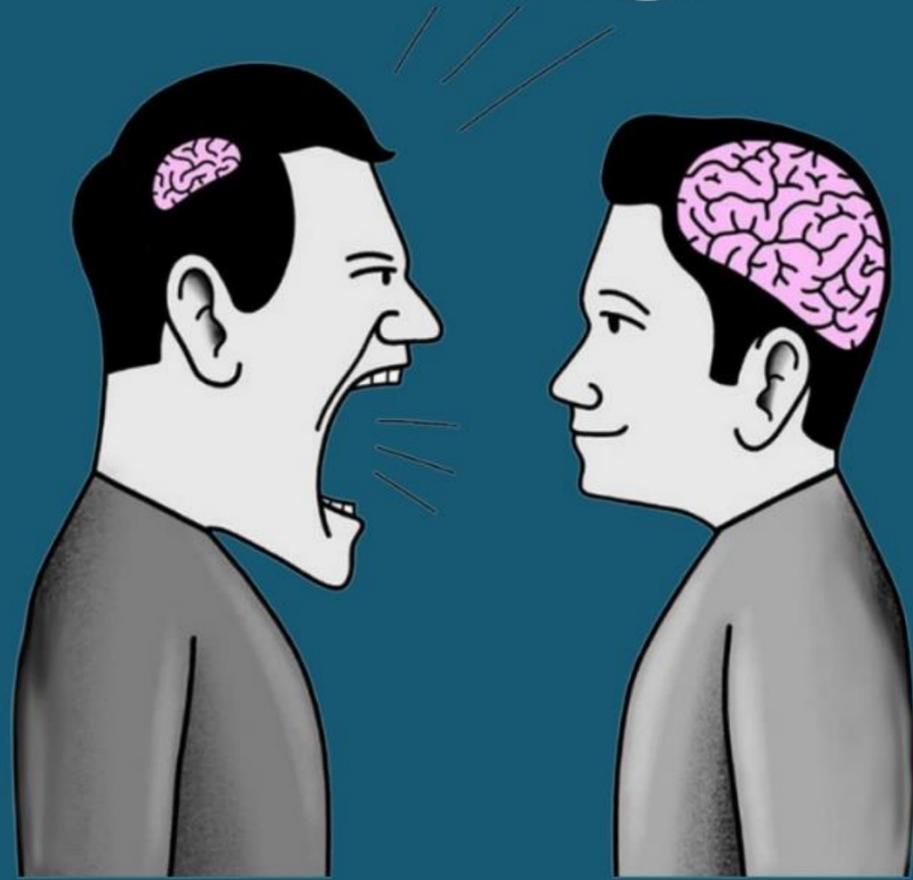
USE

**our own emotions in
positive ways**

THE 4 EMOTIONAL INTELLIGENCE SKILLS



The importance of self-leadership & emotional regulation



Small minds (low EQ)
must raise their voice

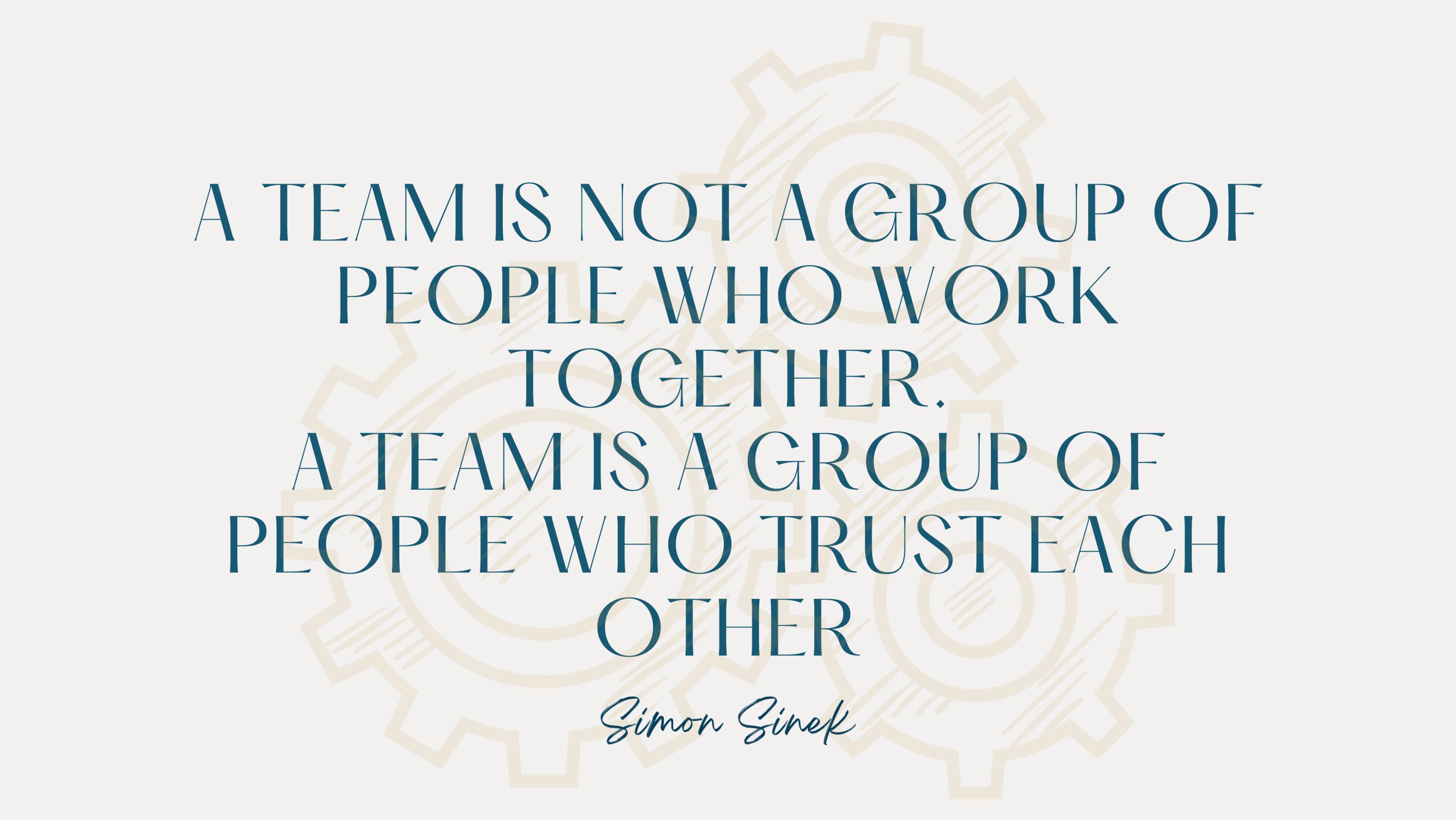
Big minds (high EQ)
know how to convey
their message clearly

Emotional regulation is the practice of cultivating a specific **buffer** of time between **feeling the emotion** and **reacting to that emotion**.

For example, pausing to collect your thoughts **before** you respond. It can also mean **waiting** until you're in a **safe setting**, like at home to process difficult feelings, or **finding the right time and place** to hold a hard conversation.

The Italian word for leader is
duce
Latin root ducere

team
building is
relationship
building



A TEAM IS NOT A GROUP OF
PEOPLE WHO WORK
TOGETHER.

A TEAM IS A GROUP OF
PEOPLE WHO TRUST EACH
OTHER

Simon Sinek

Team-Building
FRAMEWORK

BUILD TRUST

BUILD MUTUAL
RESPECT

BUILD A
COMMON
GROUND

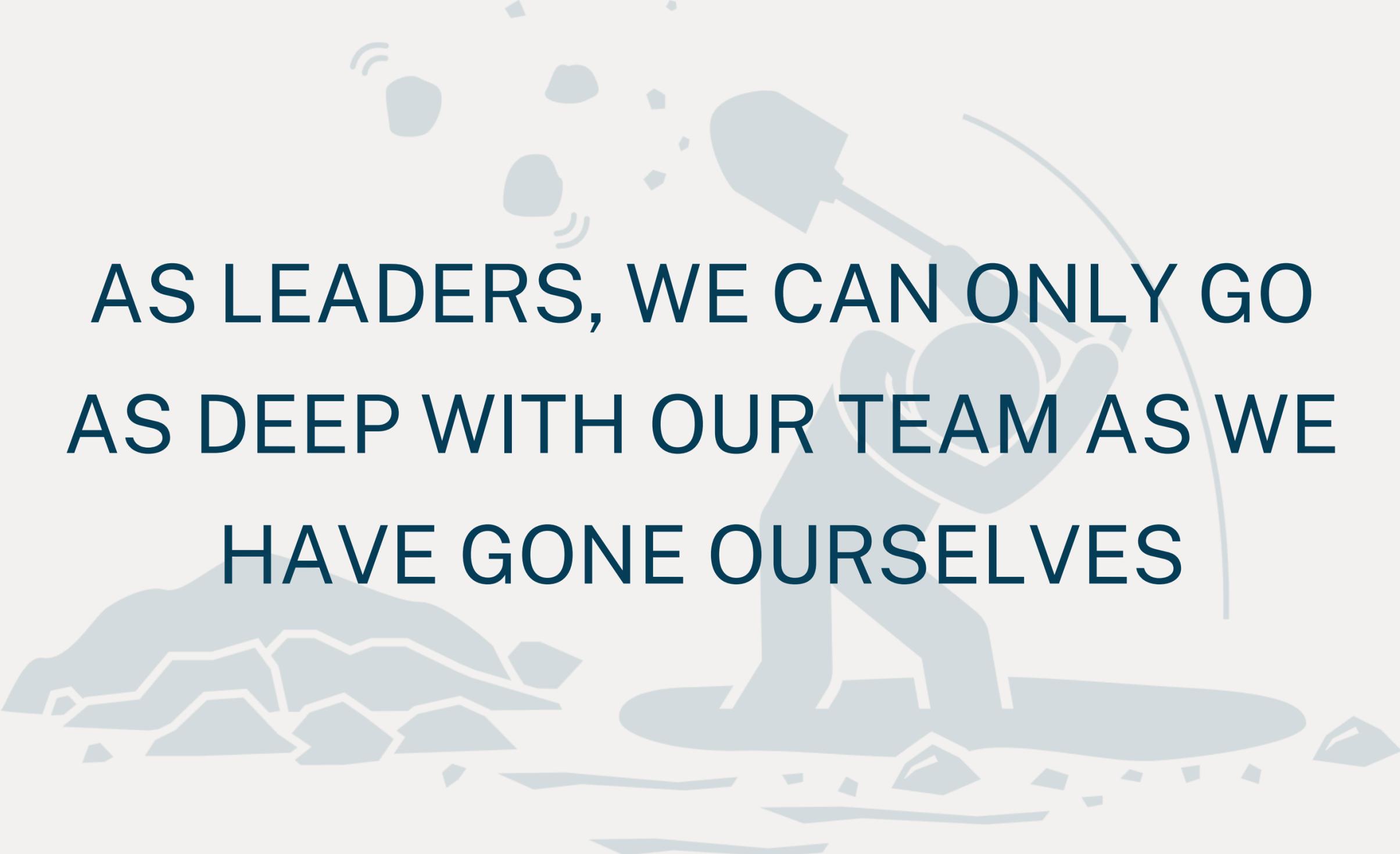
HOW DO I MAKE THEM CARE?

Intrinsic Motivation



- WE MEET PEOPLE **WHERE THEY ARE**, NOT WHERE WE WANT THEM TO BE
- REPLACE **INTERESTING** QUESTIONS FOR **INTERESTED** QUESTIONS
- GET CURIOUS ABOUT **HOW** THEY THINK, NOT ONLY **WHAT** THEY THINK





AS LEADERS, WE CAN ONLY GO
AS DEEP WITH OUR TEAM AS WE
HAVE GONE OURSELVES

Digging
DEEPER

WHAT'S YOUR WHY?

**What is the one thing you
were created to create?**

What is the thing that both
scares you and make you feel
excited?



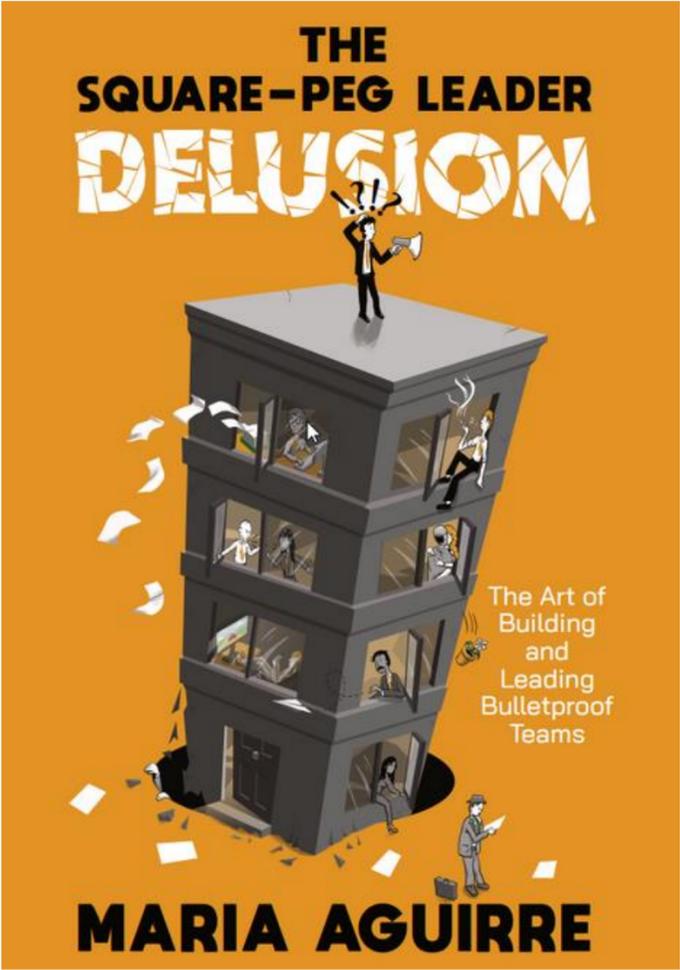
NOTHING ELSE
COMPARES

to doing

WHAT YOU WERE
CREATED TO DO!

My passion: _____
LEADERSHIP "A LEADER MUST BE BRAVE AND THEY MUST BEHAVE"

BELLA PUJOL



"Always lead with a heart for people"

Maria Aguirre

Let's Connect

TO GET CONNECTED WITH MARIA OR TO LEARN MORE
ABOUT HER UPCOMING *"Take the Leap"* MASTERMIND



SCAN HERE



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